

# Methow Park

Wellness through community-based design  
in South Wenatchee, Washington



A person is swinging on a swing set in a park. The background shows a cityscape and a large tree. The text is overlaid on the top left of the image.

**Cary Simmons, The Trust for Public Land**  
*Seattle, Washington*

**Terry Valdez, Artist / Organizer**  
*Wenatchee, Washington*

**Vinita Sidhu, Site Workshop**  
*Seattle, Washington*

**Presenters**

**About the neighborhood**

*Terry Valdez*

**Partnerships for health**

*Cary Simmons*

**Designing for health**

*Vinita Sidhu*

**Sharing your stories**

*Presenters and attendees*

**Today's discussion**



# About the neighborhood

*Terry Valdez, Terry Valdez Studios*



THE  
TRUST  
FOR  
PUBLIC  
LAND



# Wenatchee Valley

SIDEWALKS BANQUETAS SIDEWALKS BANQUETAS

PARKING ESTACIONAMIENTO PARKING

# IMAGINESE IMAGINE



STREET LIGHTS ILLUMINACIÓN PARA LAS CA

**Bienvenido ~ Welcome**  
**FIESTA DE ARTE DEL**  
**VECINDARIO**  
**NEIGHBORHOOD ART PARTY**

**Hoy ~ Today**

**Domingo, 17 de Mayo • Sunday, May 17**

**Centro Comunitario**  
**504 S. Chelan Ave**

**Community Center**  
**504 S. Chelan Ave**

**2 - 4pm**

**Helado ~ Ice Cream ~ Fun ~ Actividades**

Imagine South Wenatchee

Night Lighting

Donde esta el ART e?  
Where is the ART?



Sidewalks

LIGHTS  
ILLUMINACIÓN PAR

Where is the Art?



Gateway to South Chelan





Methow Market



Papel Picado



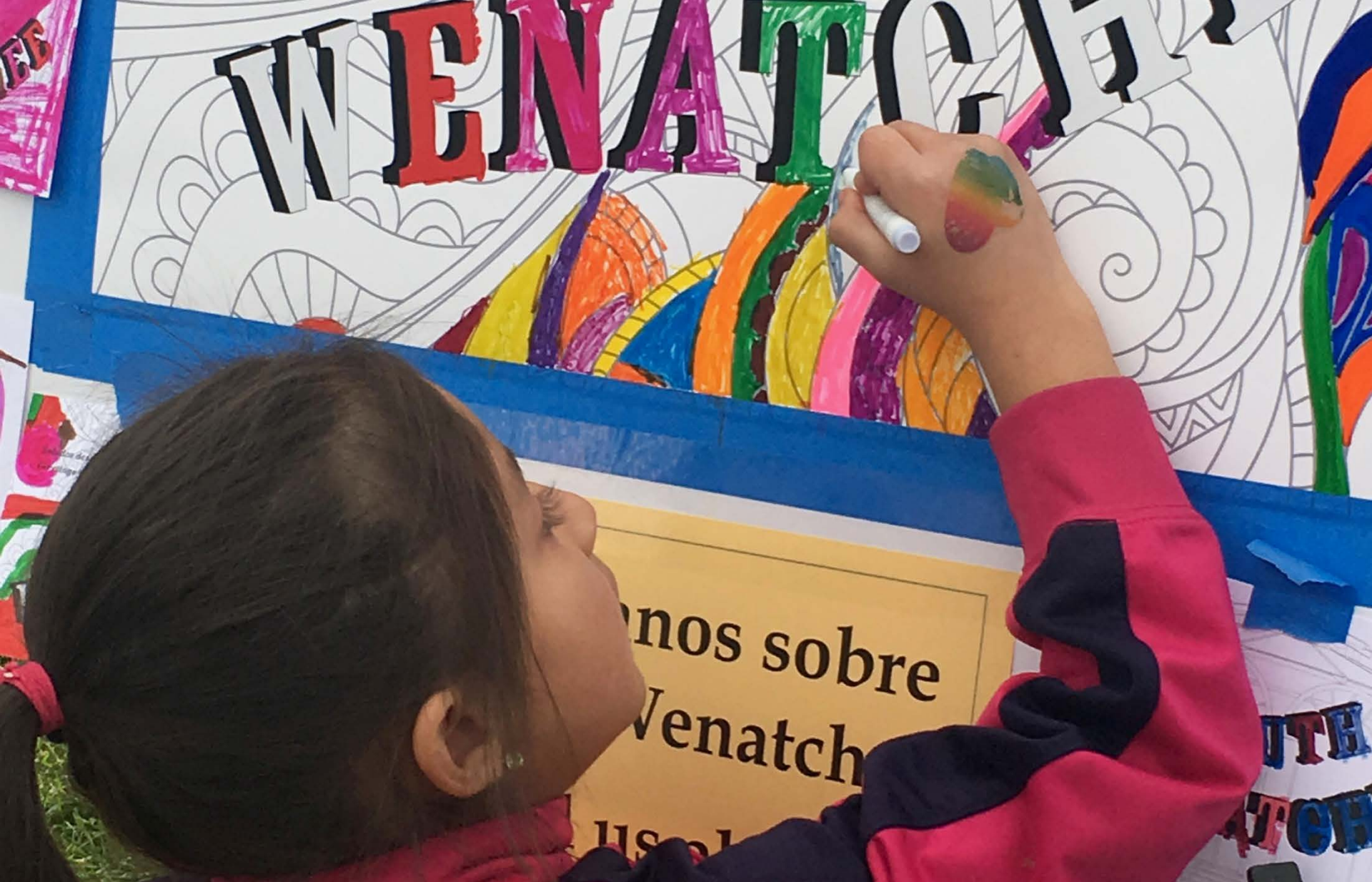
## Community Art-making



Temporary installations



Health Fair / Painted Figures

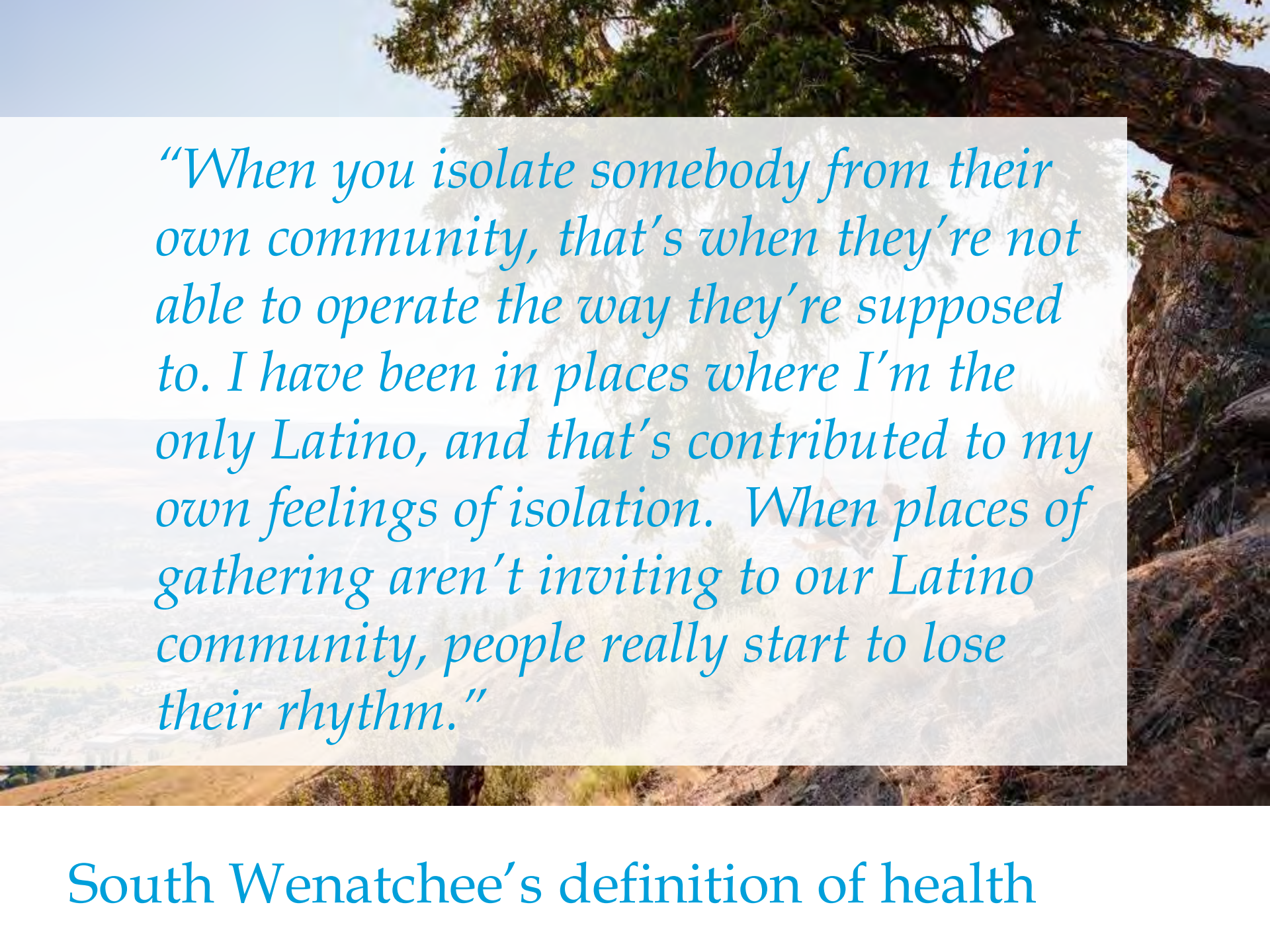


Postcard Fall Festival

# Partnerships for health

*Cary Simmons, The Trust for Public Land*



A scenic view of a valley with a large tree in the foreground and a town in the distance. The text is overlaid on a semi-transparent white box.

*“When you isolate somebody from their own community, that’s when they’re not able to operate the way they’re supposed to. I have been in places where I’m the only Latino, and that’s contributed to my own feelings of isolation. When places of gathering aren’t inviting to our Latino community, people really start to lose their rhythm.”*

South Wenatchee’s definition of health



**Every three years, local experts work to identify specific health needs of the communities in North Central Washington.**

In 2016 the following needs were identified:

1. Mental health care access
2. Access to health care
3. Education
4. Obesity

**Community Health Needs Assessment**

**University of Washington's Community-Oriented  
Public Health Practice (COPHP) program**

**Confluence Health, Community Health Worker  
(CHW) program, and paraprofessionals**

**National Endowment for the Arts "Our Town"  
program and 2019 Community Health Festival**

**Initiative for Rural Innovation and Stewardship  
(IRIS), Community Choice, and a "Picture of Health"**

**Intersectional partnerships for health**



A picture of health



A picture of health



Partnership Building & Community Workshops



## Partnership Building & Community Workshops



2019 Park Opening / Community Health Festival

# Design for health

*Vinita Sidhu, Site Workshop*







# Site Workshop



PINEHURST  
PLAYGROUND

BE'ER SHEVA  
PLAYFIELD

DAHL  
PLAYFIELD

ELLA BAILEY  
PARK

MADISON  
PARK

THOMAS  
WALES PARK

PLUM TREE  
PARK

PNA HILLSIDE  
PLAYSCAPE

GREENWOOD  
PARK

KIRKE  
PARK

2001

2002

2003

2004

2005

2005

2006

2007

2008

2009



MAGNOLIA  
MANOR PARK

BROADWAY  
HILL PARK

SACAJAWEA  
ELEMENTARY

B.F. DAY  
ELEMENTARY

MANOR  
PARK

HORIUCHI  
P-PATCH

VIEW RIDGE  
ELEMENTARY

SEATTLE CENTER  
ARTISTS AT PLAY

JOHN STANFORD  
KIWANIS  
ELEMENTARY

METHOW PARK

2011

2011

2011

2012

2012

2013

2013

2014

2015

2015



JOHN HAY  
ELEMENTARY

FIRST HILL  
PARK

MARY'S PLACE  
PLAYGROUND

JACKSON ST.  
UNDERPASS

FINDING  
FREEWAY PARK

2016

2017

2017

2017

2017

# Community-Driven Design



# Community-Driven Design



Kiwanis Methow Park



Kiwanis Methow Park



Kiwanis Methow Park



Kiwanis Methow Park



Kiwanis Methow Park





Kiwanis Methow Park



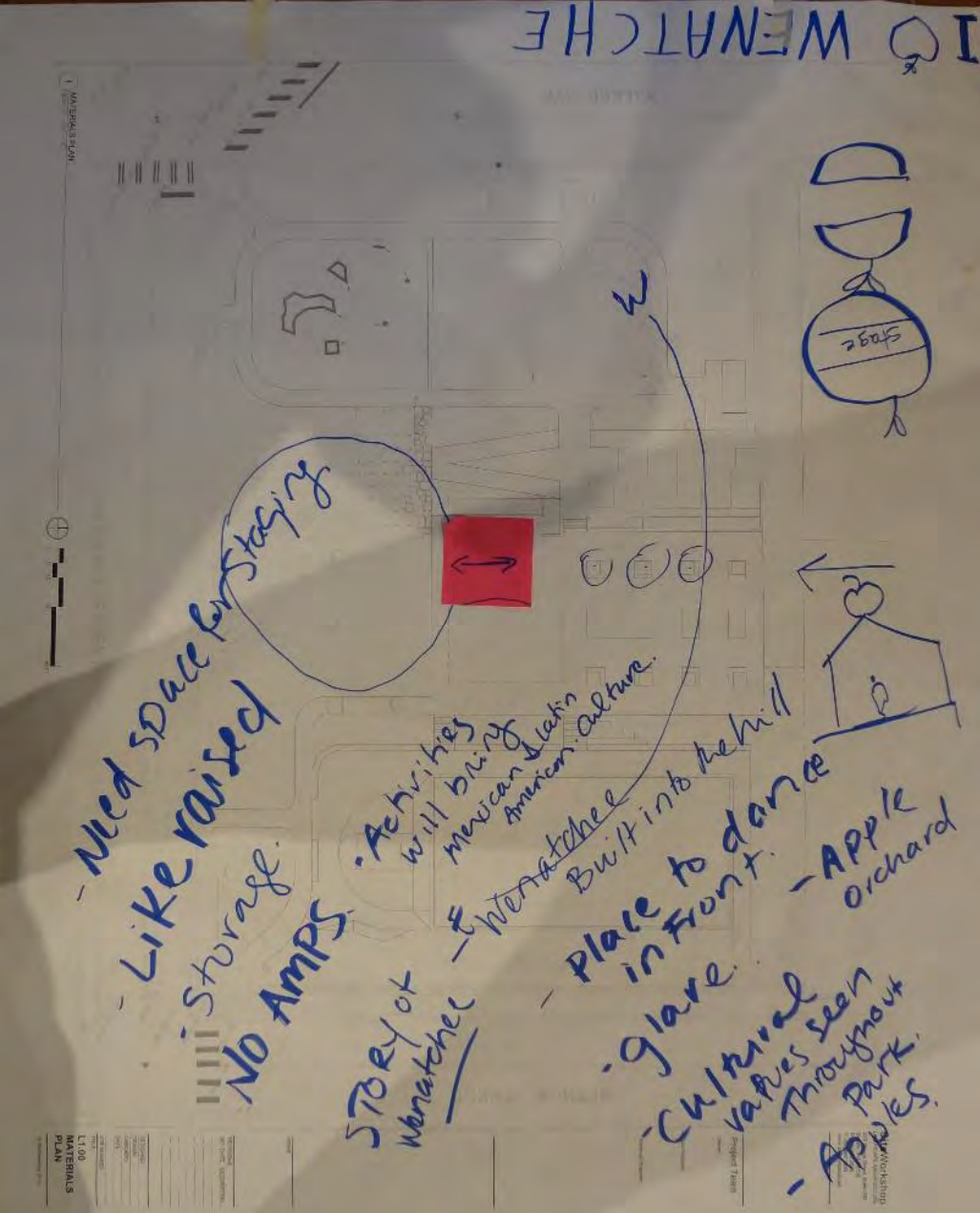
Kiwanis Methow Park



Building a Network



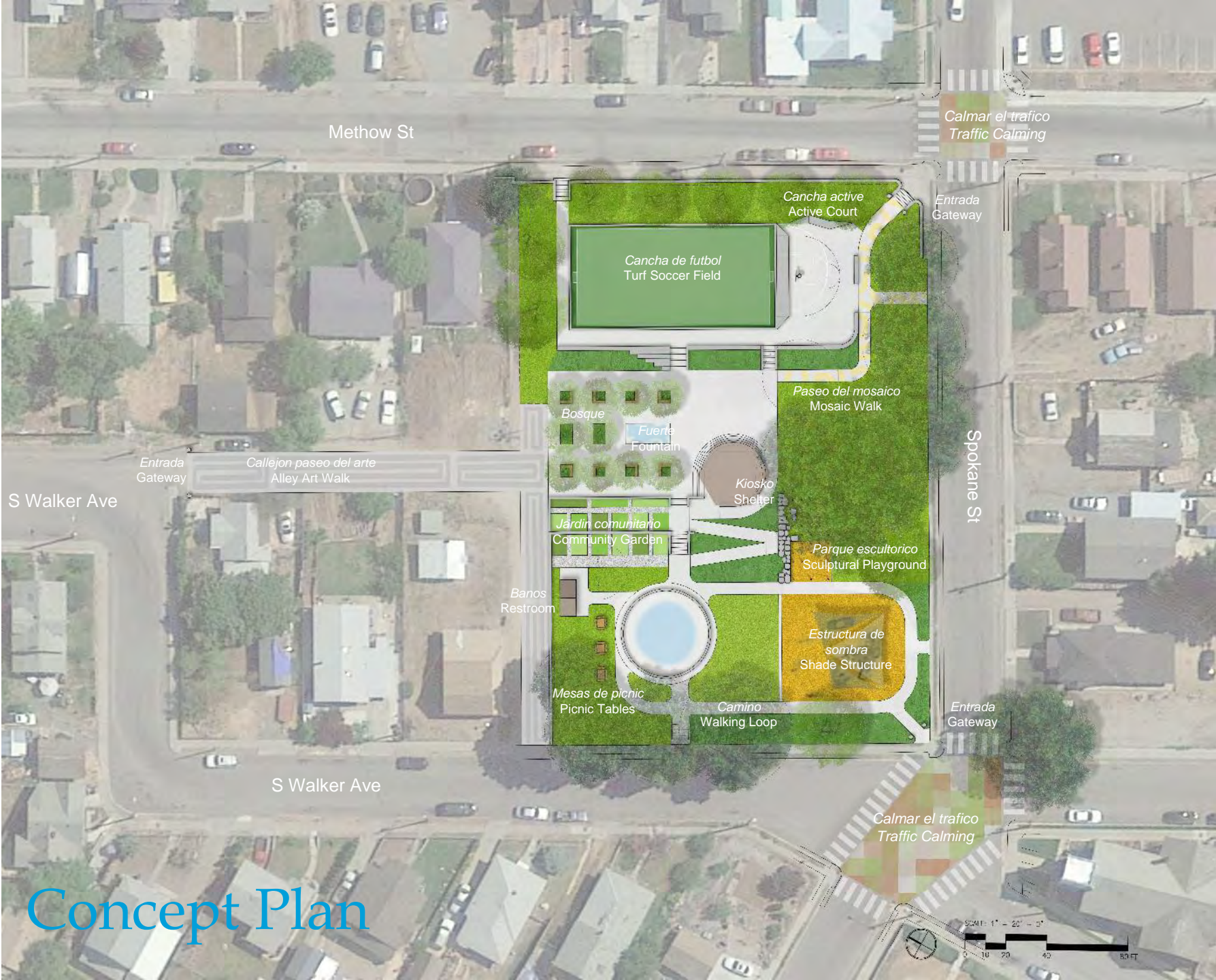
# Creative Engagement



Workshop, Create, Hit the Streets



Celebrate



Methow St

Calmar el trafico  
Traffic Calming

Cancha active  
Active Court

Entrada  
Gateway

Cancha de futbol  
Turf Soccer Field

Paseo del mosaico  
Mosaic Walk

Bosque

Fuente  
Fountain

Kiosko  
Shelter

Entrada  
Gateway

Callejon paseo del arte  
Alley Art Walk

S Walker Ave

Spokane St

Jardin comunitario  
Community Garden

Parque escultorico  
Sculptural Playground

Banos  
Restroom

Estructura de sombra  
Shade Structure

Mesas de picnic  
Picnic Tables

Camino  
Walking Loop

Entrada  
Gateway

S Walker Ave

Calmar el trafico  
Traffic Calming

# Concept Plan





The Trust for Public Land | Site Workshop | Stephanie Bower, Architectural Illustration

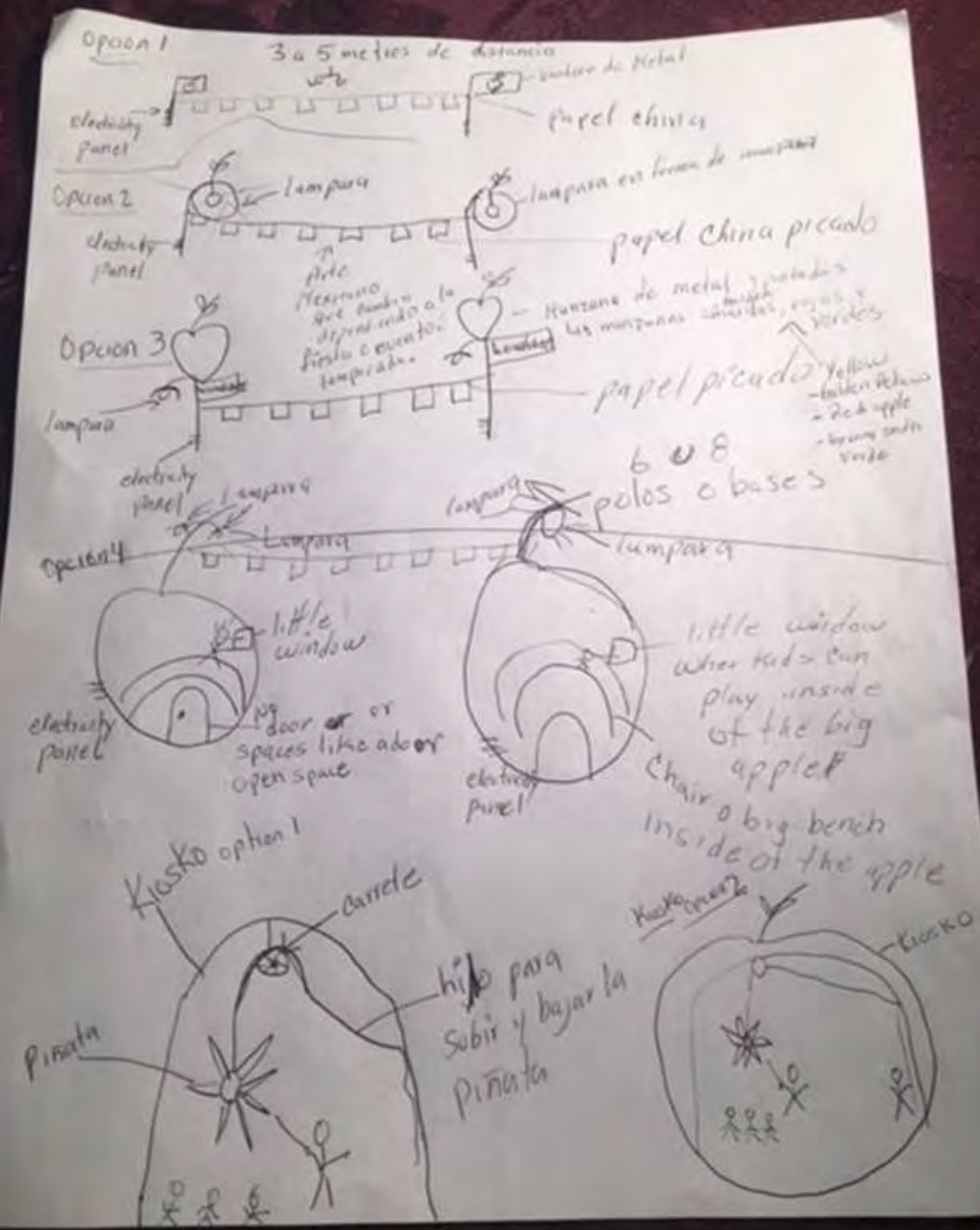
# Concept Rendering





The Trust for Public Land | Site Workshop | Stephanie Bower, Architectural Illustration

# Concept Rendering



On Apples, Paper Cutting & Mariachi

# Thank you!



THE TRUST FOR PUBLIC LAND